

# Ergo-Cup 2012/13

Teilergebnis vom 08./10. Dez. 2012



Die Bewegungsschmiede



## 5. Disziplin

5000 Meter		13-18		19-29		30-39		40-49		50-59		60-69		70-79	
		Frauen	Männer												
Leichtgewicht Frauen < 61,5 kg	Durchschnittszeiten	00:24:58,9		00:25:07,2		00:24:46,8		00:24:27,8		00:24:59,4		00:26:56,1		N/A	
	Weltrekorde	00:19:08,8		00:18:41,9		00:18:02,9		00:19:23,3		00:19:16,7		00:20:53,0		00:21:49,3	
	Bestzeiten	00:20:36,8		00:20:35,5		00:21:04,0		00:19:50,3		00:20:43,8		00:22:54,0		00:22:37,0	
	90%-Zeiten	00:20:37,9		00:20:41,8		00:22:28,4		00:21:18,5		00:21:38,5		00:22:54,0		N/A	
	75%-Zeiten	00:21:51,4		00:22:05,0		00:23:02,3		00:22:06,5		00:22:44,0		00:24:06,2		N/A	
	50%-Zeiten	00:22:54,0		00:23:58,2		00:24:22,3		00:23:55,0		00:24:33,3		00:26:10,4		N/A	
25%-Zeiten	00:25:43,6		00:25:59,9		00:25:58,5		00:25:39,1		00:26:52,7		00:29:16,0		N/A		
Schwergewicht Frauen > 61,5 kg	Durchschnittszeiten	00:22:39,8		00:23:19,3		00:24:18,5		00:24:43,1		00:25:05,9		00:26:41,5		N/A	
	Weltrekorde	00:18:15,0		00:16:56,4		00:17:58,0		00:18:57,2		00:18:43,2		00:20:18,2		00:21:33,1	
	Bestzeiten	00:20:12,2		00:19:24,1		00:19:07,0		00:19:20,9		00:19:42,9		00:20:31,3		N/A	
	90%-Zeiten	00:20:18,9		00:20:20,5		00:20:40,5		00:21:01,7		00:21:18,6		00:22:52,7		N/A	
	75%-Zeiten	00:21:18,7		00:21:06,5		00:21:52,0		00:22:11,0		00:22:32,0		00:23:55,1		N/A	
	50%-Zeiten	00:21:51,7		00:22:40,0		00:23:12,3		00:23:56,0		00:24:31,0		00:25:34,0		N/A	
25%-Zeiten	00:23:30,0		00:24:42,3		00:25:45,4		00:25:30,0		00:26:44,2		00:28:47,1		N/A		
Leichtgewicht Männer < 75 kg	Durchschnittszeiten		00:20:30,7		00:20:05,4		00:21:01,2		00:20:32,1		00:21:01,5		00:21:55,2		00:23:37,2
	Weltrekorde		00:17:01,1		00:16:40,1		00:16:18,4		00:16:40,5		00:16:47,0		00:17:26,3		00:18:52,7
	Bestzeiten		00:17:34,4		00:17:10,0		00:17:43,2		00:17:38,2		00:17:29,0		00:18:17,0		00:19:03,1
	90%-Zeiten		00:18:12,0		00:17:57,5		00:18:42,9		00:18:29,0		00:18:48,0		00:19:20,1		00:20:55,3
	75%-Zeiten		00:18:55,0		00:18:31,0		00:19:30,9		00:19:04,7		00:19:39,0		00:20:14,7		00:21:21,7
	50%-Zeiten		00:19:55,8		00:19:40,0		00:20:35,0		00:19:57,1		00:20:38,7		00:21:28,0		00:22:20,0
25%-Zeiten		00:21:27,1		00:21:04,0		00:21:57,2		00:21:15,1		00:21:50,2		00:23:07,4		00:24:35,6	
Schwergewicht Männer > 75 kg	Durchschnittszeiten		00:19:59,3		00:19:59,7		00:20:20,1		00:20:30,5		00:21:03,2		00:22:07,0		00:23:33,4
	Weltrekorde		00:16:19,4		00:15:11,0		00:14:58,3		00:15:57,6		00:16:24,3		00:17:11,0		00:18:44,5
	Bestzeiten		00:17:23,3		00:16:43,4		00:16:21,4		00:16:41,8		00:16:43,5		00:17:14,7		00:19:13,4
	90%-Zeiten		00:17:38,0		00:17:54,0		00:18:00,0		00:18:17,0		00:18:44,5		00:19:26,2		00:20:26,7
	75%-Zeiten		00:18:29,0		00:18:38,5		00:18:48,5		00:18:58,2		00:19:26,0		00:20:14,4		00:21:24,5
	50%-Zeiten		00:19:15,2		00:19:33,5		00:19:49,9		00:19:57,2		00:20:28,0		00:21:31,0		00:22:30,3
25%-Zeiten		00:20:40,0		00:21:00,5		00:21:21,0		00:21:30,5		00:21:58,4		00:23:14,9		00:25:04,7	

Platz	Name	Punkte	Referenzzeit (siehe Tabelle)	IST-Zeit	Abweichung in %	
1	Ute aH	RVW	24	00:20:40,5	00:19:53,2	-3,81
2	Mathias T	LSV	22	00:18:00,0	00:17:32,8	-2,52
3	Katrin M	AAC	21	00:21:18,6	00:21:14,8	-0,30
4	Johannes D	RVW	20	00:18:00,0	00:18:02,5	0,23
5	Frank S	LSV	19	00:18:00,0	00:18:09,1	0,84
6	Christian L	Hanseat	18	00:18:42,9	00:19:16,2	2,97
7	Stephan O	RVW	17	00:18:17,0	00:18:58,2	3,76
8	Andre N	LSV	16	00:17:54,0	00:18:44,5	4,70
9	Sven R	LSV	15	00:18:17,0	00:19:11,8	5,00
10	Wolfgang B	RVW	14	00:18:44,5	00:19:45,5	5,42
11	Steffen S	LSV	13	00:17:54,0	00:18:57,5	5,91
12	Jan S	LSV	12	00:18:17,0	00:19:28,4	6,51
13	Andre J	RVW	11	00:18:17,0	00:19:49,2	8,40
14	Ulrike L	RVW	10	00:20:40,5	00:22:47,5	10,24
15	Piet H	RVW	9	00:19:26,2	00:21:33,2	10,89
16	Frank M	RVW	8	00:18:44,5	00:21:03,8	12,39
17	Ulrich R	Wikinger	7	00:18:29,0	00:21:09,8	14,50
18	Stefan C	extern	6	00:18:29,0	00:21:26,0	15,96
19	Ansgar H	LSV	-	00:18:17,0	DNS	-
	Björn SG	LSV	-	00:18:00,0	DNS	-
	Brigitte H	RG Hansa	-	00:21:18,6	DNS	-
	Charly H	RVW	-	00:20:26,7	DNS	-
	Diana H	SG W-Ratten	-	00:20:40,5	DNS	-
	Maike S	RVW	-	00:22:28,4	DNS	-
	Matthias R	RVW	-	00:18:29,0	DNS	-
	Michael B	RVW	-	00:18:17,0	DNS	-
	Michael Scha	RCP	-	00:18:17,0	DNS	-
	Ronny S	RVW	-	00:18:48,0	DNS	-
	Rüdiger S	Wikinger	-	00:19:20,1	DNS	-
	Wolfgang U	LSV	-	00:18:48,0	DNS	-

DNF = Did Not Finish

DNS = Did Not Start