

# Results

## 3rd Race

500 + 2.000 + 1.000 + 5.000 meters

2. - 5. Aug 2024



Place	Name	Club/Team	Nationality	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
1	Jürgen Nentwig	Kölner RV	GER	MLwt70-74	500	00:01:52,2	00:01:52,2	00:01:32,0	21,96%	17,89%
				MLwt70-74	2000	00:07:53,2	00:01:58,3	00:06:55,8	13,80%	
				MLwt70-74	1000	00:04:01,4	00:02:00,7	00:03:19,9	20,76%	
				MLwt70-74	5000	00:20:48,4	00:02:04,8	00:18:05,3	15,03%	
2	Heinz Zippel	- vereinslos -	GER	MHwt65-69	500	00:01:47,6	00:01:47,6	00:01:25,2	26,29%	20,48%
				MHwt65-69	2000	00:07:42,3	00:01:55,6	00:06:33,5	17,48%	
				MHwt65-69	1000	00:03:50,3	00:01:55,1	00:03:05,6	24,08%	
				MHwt65-69	5000	00:19:30,8	00:01:57,1	00:17:06,5	14,06%	
3	Susan Young	Sub7 IRC and Seal Personal Training	GBR	FLwt55-59	500	00:02:07,1	00:02:07,1	00:01:42,7	23,76%	22,00%
				FLwt55-59	2000	00:09:30,0	00:02:22,5	00:07:30,6	26,50%	
				FLwt55-59	1000	00:04:21,8	00:02:10,9	00:03:39,8	19,11%	
				FLwt55-59	5000	00:23:25,2	00:02:20,5	00:19:44,4	18,64%	
4	Ursula Gneiting-Nentwig	Kölner RV	GER	FLwt65-69	500	00:02:07,5	00:02:07,5	00:01:44,9	21,54%	23,19%
				FLwt65-69	2000	00:09:16,5	00:02:19,1	00:07:44,6	19,78%	
				FLwt65-69	1000	00:05:08,8	00:02:34,4	00:03:52,8	32,65%	
				FLwt65-69	5000	00:24:48,3	00:02:28,8	00:20:53,0	18,78%	
5	Marcello Arduin	Club Atlético Paulistano	BRA	MLwt50-54	500	00:01:42,0	00:01:42,0	00:01:24,2	21,14%	24,44%
				MLwt50-54	2000	00:08:00,1	00:02:00,0	00:06:25,0	24,70%	
				MLwt50-54	1000	00:03:59,7	00:01:59,9	00:03:03,0	30,98%	
				MLwt50-54	5000	00:20:16,8	00:02:01,7	00:16:46,3	20,92%	
6	Jörg Oppor	Freiherr-vom-Stein-Yacht-Club e.V.	GER	MHwt65-69	500	00:01:40,5	00:01:40,5	00:01:25,2	17,96%	25,72%
				MHwt65-69	2000	00:08:33,7	00:02:08,4	00:06:33,5	30,55%	
				MHwt65-69	1000	00:04:02,9	00:02:01,5	00:03:05,6	30,87%	
				MHwt65-69	5000	00:21:07,9	00:02:06,8	00:17:06,5	23,52%	
7	Fernanda Mello	Club Atlético Paulistano	BRA	FLwt50-54	500	00:02:02,9	00:02:02,9	00:01:38,4	24,90%	26,80%
				FLwt50-54	2000	00:09:22,9	00:02:20,7	00:07:18,3	28,43%	
				FLwt50-54	1000	00:04:31,2	00:02:15,6	00:03:29,8	29,27%	
				FLwt50-54	5000	00:23:34,1	00:02:21,4	00:18:54,9	24,60%	

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8	Sergio Meniconi	Club Atlético Paulistano	BRA	MHwt55-59	500	00:01:45,3	00:01:45,3	00:01:15,6	39,29%	29,11%
				MHwt55-59	2000	00:07:56,3	00:01:59,1	00:06:09,9	28,76%	
				MHwt55-59	1000	00:03:50,7	00:01:55,4	00:02:56,8	30,49%	
				MHwt55-59	5000	00:19:43,0	00:01:58,3	00:16:43,5	17,89%	
9	Hugo Fleury	Club Atlético Paulistano	BRA	MHwt60-64	500	00:01:43,9	00:01:43,9	00:01:21,7	27,17%	30,14%
				MHwt60-64	2000	00:08:13,8	00:02:03,5	00:06:20,7	29,71%	
				MHwt60-64	1000	00:04:03,5	00:02:01,8	00:02:59,6	35,58%	
				MHwt60-64	5000	00:21:40,1	00:02:10,0	00:16:54,9	28,10%	
10	Benedikt Haack	TSV Herrsching	GER	MHwt55-59	500	00:01:40,3	00:01:40,3	00:01:15,6	32,67%	32,64%
				MHwt55-59	2000	00:08:09,5	00:02:02,4	00:06:09,9	32,33%	
				MHwt55-59	1000	00:04:07,3	00:02:03,7	00:02:56,8	39,88%	
				MHwt55-59	5000	00:21:01,0	00:02:06,1	00:16:43,5	25,66%	
11	Alexandra Lortz-Clasen	CrossFit Bonn	GER	FHwt55-59	500	00:02:13,5	00:02:13,5	00:01:34,1	41,87%	33,30%
				FHwt55-59	2000	00:09:29,5	00:02:22,4	00:07:10,1	32,41%	
				FHwt55-59	1000	00:04:37,1	00:02:18,5	00:03:26,2	34,38%	
				FHwt55-59	5000	00:23:33,0	00:02:21,3	00:18:54,5	24,55%	
12	Eike Christian Schmidt	Segeberger RC	GER	MHwt30-39	500	00:01:39,0	00:01:39,0	00:01:10,5	40,43%	33,81%
				MHwt30-39	2000	00:07:17,9	00:01:49,5	00:05:36,6	30,10%	
				MHwt30-39	1000	00:03:35,0	00:01:47,5	00:02:39,3	34,97%	
				MHwt30-39	5000	00:19:25,5	00:01:56,6	00:14:58,3	29,75%	
13	Gabriela Bueno Garcia	Club Atlético Paulistano	BRA	FHwt40-49	500	00:01:52,2	00:01:52,2	00:01:24,5	32,78%	35,85%
				FHwt40-49	2000	00:09:23,3	00:02:20,8	00:06:41,8	40,19%	
				FHwt40-49	1000	00:04:28,7	00:02:14,4	00:03:11,1	40,61%	
				FHwt40-49	5000	00:23:21,9	00:02:20,2	00:17:59,9	29,82%	
14	Ferdinand Wenzl	Niederbayern	GER	MHwt40-49	500	00:01:41,3	00:01:41,3	00:01:10,5	43,69%	36,33%
				MHwt40-49	2000	00:07:40,7	00:01:55,2	00:05:47,8	32,46%	
				MHwt40-49	1000	00:03:45,3	00:01:52,7	00:02:42,5	38,65%	
				MHwt40-49	5000	00:19:56,0	00:01:59,6	00:15:16,4	30,51%	

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15	Giovanni Santini	- vereinslos -	ITA	MHwt60-64	500	00:01:56,8	00:01:56,8	00:01:21,7	42,96%	37,18%
				MHwt60-64	2000	00:08:41,1	00:02:10,3	00:06:20,7	36,88%	
				MHwt60-64	1000	00:04:13,7	00:02:06,9	00:02:59,6	41,26%	
				MHwt60-64	5000	00:21:35,4	00:02:09,5	00:16:54,9	27,64%	
16	Klaus Holtmann	Kölner RV	GER	MHwt55-59	500	00:02:00,0	00:02:00,0	00:01:15,6	58,73%	38,45%
				MHwt55-59	2000	00:08:14,8	00:02:03,7	00:06:09,9	33,77%	
				MHwt55-59	1000	00:04:00,1	00:02:00,1	00:02:56,8	35,80%	
				MHwt55-59	5000	00:20:59,6	00:02:06,0	00:16:43,5	25,52%	
17	Michael Krieger	- vereinslos -	GER	MLwt40-49	500	00:01:58,8	00:01:58,8	00:01:22,7	43,65%	39,82%
				MLwt40-49	2000	00:08:20,7	00:02:05,2	00:06:13,6	34,02%	
				MLwt40-49	1000	00:04:14,3	00:02:07,2	00:03:00,8	40,65%	
				MLwt40-49	5000	00:22:41,1	00:02:16,1	00:16:05,6	40,96%	
18	Dirk Hellmuth	- vereinslos -	GER	MHwt40-49	500	00:01:43,7	00:01:43,7	00:01:10,5	47,09%	42,43%
				MHwt40-49	2000	00:08:13,0	00:02:03,3	00:05:47,8	41,75%	
				MHwt40-49	1000	00:03:57,1	00:01:58,6	00:02:42,5	45,91%	
				MHwt40-49	5000	00:20:37,0	00:02:03,7	00:15:16,4	34,98%	
19	Michael Marggraf	CrossFit Bonn	GER	MLwt70-74	500	00:02:26,5	00:02:26,5	00:01:32,0	59,24%	54,18%
				MLwt70-74	2000	00:10:26,8	00:02:36,7	00:06:55,8	50,75%	
				MLwt70-74	1000	00:05:15,9	00:02:38,0	00:03:19,9	58,03%	
				MLwt70-74	5000	00:26:53,9	00:02:41,4	00:18:05,3	48,71%	
DNS	Stephan Doering	RR der Turngemeinde in Berlin	GER	MHwt55-59	500	DNS	X	00:01:15,6	X	
				MHwt55-59	2000			00:06:09,9		
				MHwt55-59	1000			00:02:56,8		
				MHwt55-59	5000			00:16:43,5		
DNS	Roman NOVOTNÝ	Klub Veslařů Mělnických 1881	CZE	MHwt55-59	500	DNS	X	00:01:15,6	X	
				MHwt55-59	2000			00:06:09,9		
				MHwt55-59	1000			00:02:56,8		
				MHwt55-59	5000			00:16:43,5		

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DNS	Camilla Demetrescu	Club Atlético Paulistano	BRA	FHwt40-49	500	DNS		00:01:24,5		
				FHwt40-49	2000			00:06:41,8		
				FHwt40-49	1000			00:03:11,1		
				FHwt40-49	5000			00:17:59,9		
DNS	Luís Guilherme Ribeiro do Valle Damiani	Club Atlético Paulistano	BRA	MHwt55-59	500	DNS		00:01:15,6		
				MHwt55-59	2000			00:06:09,9		
				MHwt55-59	1000			00:02:56,8		
				MHwt55-59	5000			00:16:43,5		
DNS	Mihai Demetrescu	Club Atlético Paulistano	BRA	MHwt75-79	500	DNS		00:01:32,4		
				MHwt75-79	2000			00:07:07,9		
				MHwt75-79	1000			00:03:21,1		
				MHwt75-79	5000			00:18:45,7		
DNS	Paulo Marques da Silva	Club Athletico Paulistano	BRA	MLwt40-49	500	DNS		00:01:22,7		
				MLwt40-49	2000			00:06:13,6		
				MLwt40-49	1000			00:03:00,8		
				MLwt40-49	5000			00:16:05,6		