

Results

5. Race

10.000 + 500 + 2.000 meters

4. - 7. October 2024



Place	Name	Club/Team	Nationality	Class	Distance	Time			Deviation	
						Absolut	Split	Referenz	Single	Average
1	Jürgen Nentwig	Kölner RV	GER	MLwt70-74	10000	00:43:16,3	00:02:09,8	00:37:11,0	16,37%	18,11%
					500	00:01:54,4	00:01:54,4	00:01:32,0	24,35%	
					2000	00:07:52,4	00:01:58,1	00:06:55,8	13,61%	
2	Ursula Gneiting-Nentwig	Kölner RV	GER	FLwt65-69	10000	00:49:42,7	00:02:29,1	00:43:31,7	14,21%	20,36%
					500	00:02:10,1	00:02:10,1	00:01:44,9	24,02%	
					2000	00:09:30,8	00:02:22,7	00:07:44,6	22,86%	
3	Heinz Zippel	- vereinslos -	GER	MHwt65-69	10000	00:39:40,0	00:01:59,0	00:34:54,3	13,64%	21,45%
					500	00:01:52,7	00:01:52,7	00:01:25,2	32,28%	
					2000	00:07:46,0	00:01:56,5	00:06:33,5	18,42%	
4	Susan Young	Sub7 IRC and Seal Personal Training	GBR	FLwt55-59	10000	00:46:44,1	00:02:20,2	00:41:35,0	12,39%	22,59%
					500	00:02:13,1	00:02:13,1	00:01:42,7	29,60%	
					2000	00:09:26,8	00:02:21,7	00:07:30,6	25,79%	
5	Marcello Arduin	Club Atlético Paulistano	BRA	MLwt50-54	10000	00:41:55,6	00:02:05,8	00:34:23,0	21,94%	25,21%
					500	00:01:47,0	00:01:47,0	00:01:24,2	27,08%	
					2000	00:08:07,5	00:02:01,9	00:06:25,0	26,62%	
6	Jörg Oppor	Freiherr-vom-Stein-Yacht-Club e.V.	GER	MHwt65-69	10000	00:41:10,3	00:02:03,5	00:34:54,3	17,95%	26,33%
					500	00:01:54,3	00:01:54,3	00:01:25,2	34,15%	
					2000	00:08:19,3	00:02:04,8	00:06:33,5	26,89%	
7	Sergio Meniconi	Club Atlético Paulistano	BRA	MHwt55-59	10000	00:40:30,9	00:02:01,5	00:34:23,4	17,81%	27,25%
					500	00:01:41,2	00:01:41,2	00:01:15,6	33,86%	
					2000	00:08:01,2	00:02:00,3	00:06:09,9	30,09%	
8	Paulo Marques da Silva	Club Athletico Paulistano	BRA	MLwt40-49	10000	00:40:30,1	00:02:01,5	00:34:11,8	18,44%	27,75%
					500	00:01:49,7	00:01:49,7	00:01:22,7	32,65%	
					2000	00:08:13,8	00:02:03,5	00:06:13,6	32,17%	
9	Eike Christian Schmidt	Segeberger RC	GER	MHwt30-39	10000	00:38:50,6	00:01:56,5	00:31:05,2	24,95%	31,42%
					500	00:01:38,5	00:01:38,5	00:01:10,5	39,72%	
					2000	00:07:16,2	00:01:49,1	00:05:36,6	29,59%	

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10	Hugo Fleury	Club Atlético Paulistano	BRA	MHwt60-64	10000	00:43:48,6	00:02:11,4	00:34:46,6	25,98%	33,97%
					500	00:01:57,3	00:01:57,3	00:01:21,7	43,57%	
					2000	00:08:23,9	00:02:06,0	00:06:20,7	32,36%	
11	Fernanda Mello	Club Atlético Paulistano	BRA	FLwt50-54	10000	00:49:27,7	00:02:28,4	00:38:51,2	27,30%	34,31%
					500	00:02:14,6	00:02:14,6	00:01:38,4	36,79%	
					2000	00:10:08,5	00:02:32,1	00:07:18,3	38,83%	
12	Mihai Demetrescu	Club Atlético Paulistano	BRA	MHwt75-79	10000	00:46:43,4	00:02:20,2	00:38:47,0	20,47%	34,99%
					500	00:02:16,8	00:02:16,8	00:01:32,4	48,05%	
					2000	00:09:43,8	00:02:26,0	00:07:07,9	36,43%	
13	Giovanni Santini	- vereinslos -	ITA	MHwt60-64	10000	00:44:49,8	00:02:14,5	00:34:46,6	28,91%	36,88%
					500	00:01:57,8	00:01:57,8	00:01:21,7	44,19%	
					2000	00:08:43,6	00:02:10,9	00:06:20,7	37,54%	
14	Ferdinand Wenzl	Niederbayern	GER	MHwt40-49	10000	00:43:29,3	00:02:10,5	00:32:36,8	33,35%	38,53%
					500	00:01:42,5	00:01:42,5	00:01:10,5	45,39%	
					2000	00:07:56,0	00:01:59,0	00:05:47,8	36,86%	
15	Klaus Holtmann	Kölner RV	GER	MHwt55-59	10000	00:44:45,2	00:02:14,3	00:34:23,4	30,13%	38,93%
					500	00:01:55,1	00:01:55,1	00:01:15,6	52,25%	
					2000	00:08:17,2	00:02:04,3	00:06:09,9	34,41%	
16	Camilla Demetrescu	Club Atlético Paulistano	BRA	FHwt40-49	10000	00:47:39,7	00:02:23,0	00:38:03,1	25,26%	42,62%
					500	00:02:13,7	00:02:13,7	00:01:24,5	58,22%	
					2000	00:09:40,1	00:02:25,0	00:06:41,8	44,38%	
17	Michael Marggraf	CrossFit Bonn	GER	MLwt70-74	10000	00:50:37,5	00:02:31,9	00:37:11,0	36,15%	50,03%
					500	00:02:25,9	00:02:25,9	00:01:32,0	58,59%	
					2000	00:10:45,9	00:02:41,5	00:06:55,8	55,34%	
18	Dirk Hellmuth	- vereinslos -	GER	MHwt40-49	10000	00:39:02,9	00:01:57,1	00:32:36,8	19,73%	54,95%
					500	00:02:27,7	00:02:27,7	00:01:10,5	109,50%	
					2000	00:07:51,7	00:01:57,9	00:05:47,8	35,62%	

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DNS	Alexandra Lortz-Clasen	CrossFit Bonn	GER	FHwt55-59	10000			00:39:06,6		
					500			00:01:34,1		
					2000			00:07:10,1		
DNS	Benedikt Haack	TSV Herrsching	GER	MHwt55-59	10000			00:34:23,4		
					500			00:01:15,6		
					2000			00:06:09,9		
DNS	Gabriela Bueno Garcia	Club Atlético Paulistano	BRA	FHwt40-49	10000			00:38:03,1		
					500			00:01:24,5		
					2000			00:06:41,8		
DNS	Luís Guilherme Ribeiro do Valle Damiani	Club Atlético Paulistano	BRA	MHwt55-59	10000			00:34:23,4		
					500			00:01:15,6		
					2000			00:06:09,9		
DNS	Michael Krieger	- vereinslos -	GER	MLwt40-49	10000			00:34:11,8		
					500			00:01:22,7		
					2000			00:06:13,6		
DNS	Roman NOVOTNÝ	Klub Veslařů Mělnických 1881	CZE	MHwt55-59	10000			00:34:23,4		
					500			00:01:15,6		
					2000			00:06:09,9		
DNS	Stephan Doering	RR der Turngemeinde in Berlin	GER	MHwt55-59	10000			00:34:23,4		
					500			00:01:15,6		
					2000			00:07:44,6		